Chefs in Motion

Surf & Turf

Seasonal Lobster Tail With Seared Ribeye



7 Set Menus
Caribbean, Asian & Italian

Inside Conch Fritters, Chicken Yakitori and Key Lime Pie



Chefs in Motion / Issue 2026

The Island Table

Caribbean, Asian and Italian dishes share the table at Chefs in Motion. Start with crisp Conch Fritters or a fresh Salad, then choose the warmth of Jerk Chicken, the richness of Braised Oxtail, or a lighter Grilled Fish. There’s also Sushi, Pasta and Seared Ribeye with Lobster when in season. For a sweet finish, try Rum Cake, silky Leche Flan or tangy Key Lime Pie.

Appetizers & Soups

À La Carte

From crisp Conch Fritters to warming Wonton Soup.



Shrimp Gambas
Pork or Chicken Spring Rolls
Pork Siomai (Dumplings)
Steamed Mini Buns (Pork or Chicken)
Conch Fritters

Sushi
Conch Chowder
Wonton Soup
Chicken Wings
Blue Cheese, Buffalo or Ranch Dressing

Food Allergy Notice

Please tell your server about any food allergies before ordering. Cross-contact is possible.

Salads

À La Carte

Avocado, Cucumber and Greens with your choice of Dressing.



Avocado Salad
Caesar Salad
Green Veggies
Cucumber Salad

Dressings

Vinaigrette
Asian Dressing
Caesar
Balsamic

Caribbean Entrées

À La Carte

Island favourites, from Jerk Chicken to Braised Oxtail.



Jerk Chicken
Braised Oxtail
Baked Chicken

Fried or Grilled Fish
Chicken Curry

Asian Entrées

À La Carte

Explore the menu from Yakitori Skewers to Pad Thai.



Tonkatsu (Pork or Chicken)
Grilled Pork Chops
Chicken Teriyaki
Bourbon Chicken
Chicken Yakitori

Chicken Oriental
Pad Thai (Pork, Chicken or Shrimp)
Yakisoba (Pork, Chicken or Shrimp)
Escovitch or Sweet-And-Sour Fish
Satay (Pork or Chicken)

Steak & Seafood

À La Carte

Steak from the grill meets Snapper, Salmon and seasonal Lobster.



Surf and Turf
Lobster Tails
Ribeye or T-Bone Steak

Grilled or Fried Snapper or Salmon
Shrimp or Chicken à la Pobre

Lobster is seasonal and subject to availability.

Wraps & Sides

À La Carte

Pair a Jerk Chicken Wrap with Plantain or Peas and Rice.



Wraps

- Caesar Salad Wrap with Grilled Chicken
- Jerk Chicken Wrap
- Chicken or Beef Shawarma
- Ham and Cheese Wrap
- Veggie Wrap

Sides

- Coleslaw
- French Fries
- Mashed Potatoes
- Jasmine Rice
- Peas and Rice
- Mac and Cheese
- Plantain

Pasta

À La Carte

Choose a Sauce, then add Chicken or Shrimp.



Choice of Sauce

Alfredo

Pesto

Marinara

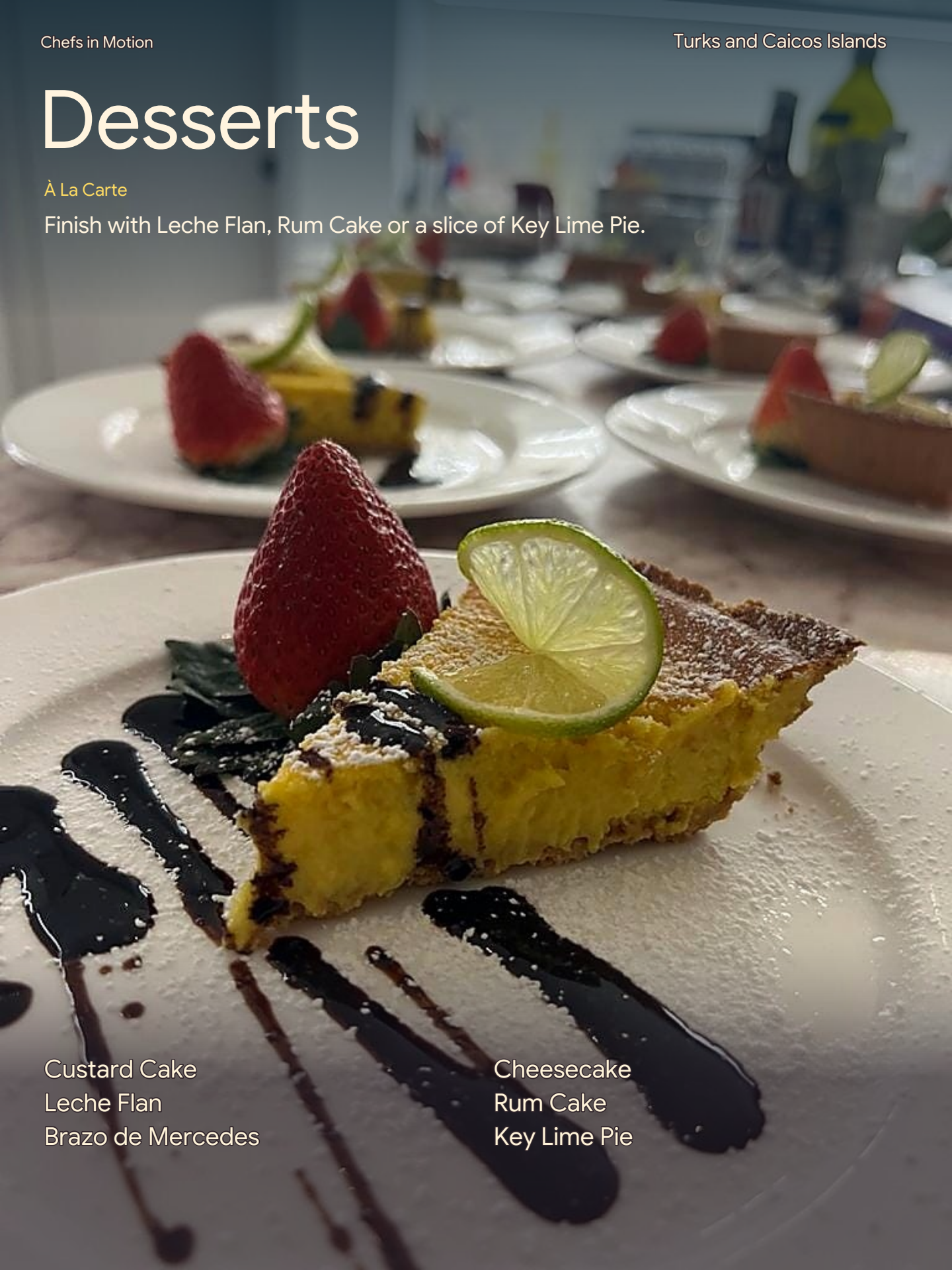
Vodka Sauce

Served with Chicken or Shrimp

Desserts

À La Carte

Finish with Leche Flan, Rum Cake or a slice of Key Lime Pie.



Custard Cake
Leche Flan
Brazo de Mercedes

Cheesecake
Rum Cake
Key Lime Pie

Breakfast

À La Carte

Start with fresh Fruit, Eggs your way or a stack of Pancakes.



Eggs Any Style
English Breakfast
Portuguese Benedict
Traditional Breakfast
Build-Your-Own Omelet
Fresh Fruit Platter

Avocado Toast
French Toast
Eggs Benedict
Pancakes
Waffles

Caribbean Option 1

Set Menu

Conch Fritters open a menu of Jerk Chicken and Fried Whole Fish.



Appetizers & Salad

Conch Fritters

Shrimp Avocado Salad

Main Course

Jerk Chicken

Fried Whole Fish

Sides

Peas and Rice

Coleslaw

Dessert

Key Lime Pie

Fresh Fruits

Menu Inquiries +1 649 332 0313

Chefs in Motion

Turks and Caicos Islands

Caribbean Option 2

Set Menu

Conch Chowder, Grilled Snapper and Braised Oxtail lead the way.



Appetizers & Salad

Conch Chowder

Buffalo Wings

Main Course

Grilled Snapper Fillet

Braised Oxtail

Sides

Peas and Rice

Mac and Cheese

Dessert

Rum Cake

Fresh Fruits

Menu Inquiries +1 649 332 0313

Italian Option 1

Set Menu

From Beef Carpaccio to Osso Buco, with Crème Brûlée to finish.



Appetizers & Salad

Caprese Salad

Beef Carpaccio

Main Course

Beef Shank Osso Buco

Pan Seared Snapper

Sides

Garlic Parmesan Mashed Potato

Roasted Veggies

Dessert

Crème Brulee

Fresh Fruits

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Italian Option 2

Set Menu

Burrata, Branzino Piccata and Pasta, followed by Tiramisu.



Appetizers & Salad

Caesar Salad with Chicken Breast

Mixed Burrata Salad

Main Course

Branzino Piccata

Pasta Feast: 3 Kinds of Sauce

Alfredo, Vodka, Al Pesto

Shrimp, Seafood or Chicken

Sides

Garlic Bread

Roasted Veggies

Dessert

Tiramisu

Fresh Fruits

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Asian Option 1

Set Menu

Sushi Rolls lead into Chicken Teriyaki and Seafood Fried Rice.



Appetizers & Salad

Green Salad with Asian Dressing
Assorted Sushi
Ebi Maki Roll
Crab Roll
Torched Salmon Roll
Shrimp Salad Roll

Main Course

Chicken Teriyaki
Fish Escavich

Sides

Seafood Fried Rice
Coleslaw

Dessert

Fruit Salad
Fresh Fruits

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Asian Option 2

Set Menu

Spring Rolls, Chicken Satay and Noodles, with Key Lime Pie to finish.



Appetizers & Salad

Pork Dumplings

Spring Rolls

Main Course

Chicken Satay

Seafood Lomein

Sides

Vegetable Fried Rice

Coleslaw

Dessert

Key Lime Pie

Fresh Fruits

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Chefs in Motion

Turks and Caicos Islands

Surf and Turf

Set Menu

Seasonal Lobster Tail and Ribeye with Lemon Butter and Au Poivre Sauces.



Appetizers & Salad

Caesar Salad with Grilled Shrimp

Tomato Mozzarella

Main Course

Surf and Turf

Lobster Tail and Rib-Eye with Steak Au Poivre Sauce and Lemon Butter Sauce

Sides

Grilled Mixed Veggies

Mashed Potato

Dessert

Fried Oreos with Chocolate Dip

Fresh Fruits

Menu Inquiries +1 649 332 0313

Pricing depends on the menu and guest count.

Lobster is seasonal and subject to availability.

At the Island Table



Tomato & Mozzarella



Dessert with Fresh Lime

Opposite / Shrimp with Citrus



Chefs in Motion / Turks and Caicos

Dine by the Water

Our Services

Chef Service / Catering / Food Delivery

Prices depend on the menu selected and the number of guests.

Menu Inquiries 649-332-0313

www.chefsinmotion.com reservation@chefsinmotion.com